Foveal Dysfunction and Central Visual Field Loss in Glaucoma

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Objective: To determine whether foveal function distal to the ganglion cell layer is an independent predictor of central visual field function in glaucoma.

Setting: University affiliated hospital and private practice.

Participants: Twenty-seven eyes (27 patients) with normal-pressure glaucoma, 10 eyes (10 patients) with primary open-angle glaucoma, and 47 eyes of 47 matched normal volunteers.

Intervention and Main Outcome Measures: Foveal cone electroretinogram (ERG) amplitude, relative optic cup to disc area and their relations to Humphrey full-threshold 30-2 visual field central 4-point mean total deviation (C4MTD) and pattern deviation (C4MPD).

Results: Foveal cone ERG amplitude was subnormal in 14 (37.8%) of the 37 glaucomatous eyes and lower in the glaucoma group compared with normal eyes (P<.01). The C4MTD and C4MPD were lower in glaucomatous eyes with subnormal amplitudes compared with those with normal amplitudes (P<.01 and P<.05, respectively). Amplitude was directly correlated with C4MTD (P<.01) and C4MPD (P<.01). Relative optic cup to disc area was inversely correlated with C4MTD (P<.001) and C4MPD (P<.001). Partial correlation analysis revealed that amplitude and relative optic cup to disc area were independent predictors of C4MTD and C4MPD.

Conclusion: Foveal function distal to the ganglion cell layer and optic disc cupping independently predict central visual field function in glaucoma.

Optic neuropathy and nerve fiber layer loss have historically been considered the main if not the sole mechanism of visual field loss in glaucoma. Retinal dysfunction distal to the ganglion cell layer (GCL) has also been documented in glaucoma,1-4 but no information is available to help determine whether this dysfunction is also an underlying mechanism of visual field loss in glaucoma. That mechanisms other than optic neuropathy alone may lead to visual field loss in this disease was supported by the demonstration that total visual field loss may not be directly correlated with optic disc changes in normal pressure glaucoma (NPG).5

OPTIC NEUROPATHY and nerve fiber layer loss have historically been considered the main if not the sole mechanism of visual field loss in glaucoma. Retinal dysfunction distal to the ganglion cell layer (GCL) has also been documented in glaucoma,1-4 but no information is available to help determine whether this dysfunction is also an underlying mechanism of visual field loss in glaucoma. That mechanisms other than optic neuropathy alone may lead to visual field loss in this disease was supported by the demonstration that total visual field loss may not be directly correlated with optic disc changes in normal pressure glaucoma (NPG).5

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Central visual field loss is not rare among patients with NPG or primary open-angle glaucoma (POAG).6-8 In the present study, we investigated whether foveal dysfunction distal to the GCL could be an underlying mechanism of central visual field loss in glaucoma in addition to optic neuropathy. To that end we used stimulator-ophthalmoscope foveal cone electroretinography (ERG) that allows for accurate control of the retinal area tested.9 This technique has also been determined to be the most reliable tool for evaluating macular function not only in eyes with overt maculopathy10,11 but also in those with an entirely normal macular appearance on ophthalmoscopic examination,12,13 as is the case in many eyes with glaucoma. Furthermore, while the recorded foveal ERG amplitudes are reduced in many types of maculopathy,9,10,16-19 they are normal in optic neuropathy and amblyopia.11,20 We present foveal cone ERG recording data and their relation to central visual field function in eyes with NPG and POAG.

RESULTS

We found foveal function to differ significantly between eyes of matched normal volunteers and eyes with glaucoma.
PATIENTS AND METHODS

Twenty-seven eyes of 27 patients with NPG and 10 eyes of 10 patients with POAG (age range, 39-80 [mean ± SD, 66.8 ± 8.5] years) were tested. Eyes with NPG were from patients extracted from our database and who were available for testing. Eyes with POAG were preselected based on past Humphrey visual fields demonstrating reduced total or pattern deviation in one or more of the central 4 points. Inclusion criteria included the diagnosis of NPG or POAG based on the characteristic combination of optic disc cupping, progressive visual field loss, and intraocular pressure (IOP). Exclusion criteria were any of the following: media opacities or insufficient pupillary dilation precluding reliable observation of the ERG test target on the fovea by the tester throughout recording; best-corrected visual acuity less than 20/50 impeding fixation; any maculopathy or other retinopathy on ophthalmoscopic examination; previous ocular surgery; any progressive visual field loss, and intraocular pressure (IOP). Exclusion criteria were any of the following: media opacities or insufficient pupillary dilation precluding reliable observation of the ERG test target on the fovea by the tester throughout recording; best-corrected visual acuity less than 20/50 impeding fixation; any maculopathy or other retinopathy on ophthalmoscopic examination; previous ocular surgery; any general medical condition such as diabetes mellitus that may affect retinal function; and family history positive for retinal or macular dystrophies.

PATIENT EVALUATION AND CLINICAL FINDINGS

Associated conditions included systemic hypertension, ischemic heart disease, and hypothyroidism in 4 patients each (10.8%), and treated pulmonary tuberculosis in 1 patient (2.7%). Ocular medications included 0.5% timolol maleate in 12 eyes (32.4%), 0.5% betaxolol hydrochloride in 11 eyes (29.7%), 0.005% latanoprost in 6 eyes (16.2%), 2% pilocarpine hydrochloride in 4 eyes (10.8%), methazolamide tablets orally and 2% dorzolamide hydrochloride drops in 3 eyes each (8.1%), 0.2% brimonidine tarstrate and 1% carteolol hydrochloride in 2 eyes each (5.4%), and 0.1% dipivefrin hydrochloride in 1 eye (2.7%). Family history was positive for glaucoma in 3 patients (13.3%).

Best-corrected Snellen visual acuity was 20/20-20/50 (mean ± SD, 0.79 ± 0.20, approximately 20/25). Refractive error spherical equivalent ranged from −4.50 to +5.00 diopters (D) (mean ± SD, +0.08 ± 2.34 D). Intraocular pressure measured 10 to 27 mm Hg (mean ± SD, 14.9 ± 4.2 mm Hg). Results of detailed ophthalmoscopic examination in all 37 eyes tested revealed no notable media opacities and normal fundus appearance except for nerve fiber layer loss and abnormal optic disc cupping.

Among the 47 normal eyes, the foveal ERG mean (±SD) amplitude was 0.310 ± 0.098 µV. This is consistent with the previously published value of 0.18 µV as the lower normal limit for amplitude.9,21 Based on this value we found subnormal amplitudes in 14 (37.8%) of the 37 eyes with glaucoma (Figure 1). Of these 14 eyes, 9 had NPG and 5 had POAG. Among all glaucomatous eyes amplitude range was 0.08 to 0.47 µV and mean (±SD) amplitude (0.236 ± 0.103 µV) was significantly lower than in the normal eyes (P = .001, r14 = −3.339). Mean (±SD) implicit time did not differ significantly between these 2 groups (34.81 ± 1.78 milliseconds and 34.28 ± 1.39 milliseconds, respectively).

We found foveal function distal to the GCL to correlate significantly with central visual field indices in eyes with glaucoma. Foveal cone ERG amplitude was directly correlated with C4MTD (P = .004, r10 = 0.464, Figure 2) and C4MPD (P = .006, r10 = 0.445, Figure 3). Furthermore, when we compared central visual field indices in glaucomatous eyes with subnormal amplitudes with those with normal amplitudes, C4MTD (mean ± SD, −11.2 ± 10.4 vs −3.6 ± 6.0, respectively, P = .008, t35 = −2.808), and C4MPD (mean ± SD, −8.8 ± 7.9 vs −3.7 ± 4.3, respectively, P = .013, t35 = −2.608) were significantly lower in the former group.

We found RCDA to be correlated with central visual field indices among the glaucomatous eyes as well. It was inversely correlated with C4MTD (P = .0001, r10 = 0.616) and C4MPD (P = .0001, r10 = 0.613). However, multiple regression analysis indicated that both foveal ERG amplitude and RCDA were independently correlated with C4MTD (P = .0004 and P = .0001,
respectively) and C4MPD (P<.001 and P = .0001, respectively). Partial correlation analysis showed that amplitude and RCDA were independent predictors of C4MTD and C4MPD. Amplitude explained 31.4% and 28.1% of C4MTD and C4MPD variance, respectively, and RCDA explained 44.9% of C4MTD and of C4MPD variability. When one independent predictor was controlled for amplitude and RCDA were independent predictors of central visual field indices with least squares (simple) regression analysis. The independent effects of amplitude and of RCDA on central visual field indices were studied with multiple regression and partial correlation analyses, after effects of possible confounding factors were excluded. Differences in central visual field indices among different groups of glaucomatous eyes, and between eyes of normal volunteers and eyes with glaucoma, were studied with Student nonpaired t test analysis. We studied ERG test vs retest relations with Student paired t test analysis and with least squares (simple) regression analysis. We compared ERG and central visual field data before and after IOP-lowering medication washout with Student paired t test analysis as well.

This study followed the tenets of the Declaration of Helsinki and was approved by our Institutional Review Board. Prior to testing, all subjects gave informed consent after the nature, possible consequences, and the possible complications of the tests used were explained.

Foveal ERG amplitude false-positive rate was determined based on data collected from the 47 normal eyes. Among these eyes, amplitude was less than 0.18 µV in 2 eyes (4.3%), constituting a specificity rate of 95.7%, similar to previously published rates of 92% to 95%. The amplitude false-negative rate was determined based on test vs retest data collected from 12 eyes with known maculopathy. Among these eyes we found no significant difference in amplitude between the 2 recording sessions, suggesting low intertest recording variability. However, amplitudes were subnormal in the first testing session and normal in the second in 2 of these 12 eyes, and vice versa in 2 other eyes, suggesting a 16.7% false-negative rate (sensitivity rate, 83.3%) for each of the recording sessions. This rate is in agreement with published rates of 66% to 91% depending on visual acuity levels. Our speci-
The results of our study suggest that foveal dysfunction distal to the GCL can be found in a significant number of eyes with NPG and POAG, and that glaucomatous eyes have significantly lower foveal cone ERG amplitudes compared with eyes of matched normal volunteers. Thus, our findings are in agreement with results of other studies that demonstrated retinal dysfunction distal to the GCL in glaucomatous eyes based on abnormal flash full-field and focal ERG data. Furthermore, among the glaucomatous eyes in our study, foveal function was directly correlated with central visual field indices, and glaucomatous eyes with subnormal ERG amplitudes had significantly lower central visual field indices compared with glaucomatous eyes with normal amplitudes. While RCDA, a measure of optic disc cupping, was also correlated with central visual field indices, we found that ERG amplitude and RCDA were independent predictors of these indices; amplitude explained 28.1% to 31.4% and RCDA explained 44.9% of their variance. Since foveal cone ERG amplitudes are well correlated with visual function in various retinal conditions, our findings suggest that at least some degree of central visual field loss in glaucoma can be explained by foveal dysfunction distal to the GCL in addition to loss explained by optic nerve axonal damage. To the best of our knowledge, this is also the first report of a significant direct correlation between foveal cone ERG amplitude and central visual field indices in any patient group.

We found foveal dysfunction in 14 (37.8%) of the 37 eyes tested. Our foveal cone ERG sensitivity rate (83.3%) and specificity rate (95.7%) are comparable to those previously published from other laboratories. Taking these rates into account, the number of glaucomatous eyes with foveal dysfunction in our study was in the range of 13.4 to 17.8 (36.2%-48.1%).
ing and since eyes with POAG were preselected based on their past visual fields. Nevertheless, our results suggest that foveal dysfunction distal to the GCL is not rare among eyes with glaucoma and could be a significant mechanism of visual loss in this disease.

The origin of this foveal dysfunction is not clear. Glaucomatous optic neuropathy itself cannot be regarded as the underlying cause since studies demonstrated normal retinal function distal to the GCL, as measured by flash ERG recording, in eyes with optic atrophy, and even months after optic nerve resection.

Retinal dystrophy or macular degeneration associated with glaucoma are not likely causative factors as well. We have excluded from our study all eyes with any retinal or macular changes on ophthalmoscopic examination. Furthermore, results from previous histopathological studies of eyes with POAG and NPG have shown that photoreceptors and other outer retinal elements are of normal appearance even at an advanced stage of glaucoma. In addition, our results cannot substantiate foveal dysfunction as an adverse effect or an artifact of IOP-lowering medications, at least not a dysfunction that can be reversed within weeks of medication washout.

One possible cause of foveal dysfunction distal to the GCL in glaucoma is vascular insufficiency. On one hand, several studies demonstrated abnormal flash full-field and foveal ERGs in various retinal vasculopathies and choroidal perfusion abnormalities. On the other hand, a previous finding of reduced oscillatory potentials in eyes with glaucoma, similar to reductions found in diabetic vasculopathy and central retinal vein occlusion can be consistent with underlying vascular insufficiency in some eyes with glaucoma.

Indeed, evidence supporting abnormal ocular blood flow in some eyes with NPG and POAG is mounting. That these abnormalities may be related to visual loss was demonstrated by a study that correlated Humphrey visual field mean deviation to the ophthalmic artery Pourecolt resistivity index in eyes with NPG. These ocular blood flow abnormalities should not be interpreted as a potential cause of optic neuropathy alone. Rather, other ocular structures including the choroid and the retina may be affected by vascular insufficiency. This is particularly suggested by the blood flow abnormalities found in the short posterior ciliary arteries supplying the choroid underlying the macular area, and by abnormal ocular blood flow measurements reflecting abnormal choroidal blood flow in eyes with NPG. Since the outer 130 µm of the retina, including the photoreceptors and other retinal elements to the level of the outer part of the inner nuclear layer are dependent on the choroidal vascular bed, abnormal choroidal blood flow could result in outer retinal dysfunction in glaucomatous eyes. Furthermore, abnormalities in the vascular supply of the optic nerve head and the fovea may be interrelated since both the prelaminar optic disc and the foveal outer retina are nourished by the choroidal circulation. Other hypothetical causes of foveal dysfunction distal to the GCL in glaucoma could be neurotoxic effects of compounds, such as glutamate that was found in excessive concentrations in glaucomatous eyes and the negative feedback of dying ganglion cells on more distal retinal elements.

Our results may also have some future therapeutic implications. Studies have shown that central visual loss in eyes with NPG may be potentially reversible with vasodilators. Since our study suggests that foveal dysfunction contributes significantly to central visual loss in some glaucomatous eyes, at least some of the therapeutic effect of vasodilators on central visual function may have occurred through improved choroidal perfusion pressure in the macular area rather than improved optic disc vascular supply. Therefore, foveal cone ERG, being a sensitive and an objective measure of foveal function distal to the GCL, could be considered as a monitoring tool to determine the therapeutic effect of various agents on foveal function in glaucoma.

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Optic Neuritis in African Americans

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Objective: To describe the clinical profile of demyelinating optic neuritis in African Americans.

Methods: The medical records of all patients with a diagnosis of optic neuritis examined at the Neuro-Ophthalmology Unit at the Emory University Eye Center (Emory) and at the Grady Memorial Hospital Eye Clinic (Grady), Atlanta, Ga, between 1989 and 1996 were retrospectively reviewed.

Patients: African American and white patients, aged 15 through 55 years, with a single initial episode of acute optic neuritis of unknown or demyelinating origin were included in the study. Study patients included 23 African American patients and 56 white patients examined at Emory as well as 10 African American patients examined at Grady.

Results: There were no significant differences among the African American study patients, the white study patients, and patients from the Optic Neuritis Treatment Trial (ONTT) regarding sex (P = .36), age (P = .73), or the presence of disc edema (P = .49). Lesions found on magnetic resonance imaging (P = .43), or multiple sclerosis (P = .54) at the onset of an initial episode of optic neuritis. The Emory African American patients presented with more frequent severe visual loss (13 [93%] of 14 patients with a visual acuity ≤20/200) compared with Emory white patients (12 [39%] of 31 patients; P = .002) and with ONTT patients (161 [36%] of 448 patients; P < .001). At follow-up examination of at least 1 year, Emory African American patients had worse vision (9 [9%] of 23 patients <20/40, and 4 [17%] of 23 patients ≤20/200) compared with Emory white patients (5 [8%] of 63 patients <20/40, P = .001; 3 [5%] of 63 patients ≤20/200, P = .001), and with ONTT patients (29 [7%] of 409 patients <20/40, P = .0001; 12 [3%] of 409 patients ≤20/200, P = .01). Compared with ONTT patients, the Emory African American patients combined with the Grady African American patients had more frequent severe visual loss (visual acuity ≤20/200) at presentation (18 [90%] of 20 patients vs 161 [36%] of 448 patients; P < .001) and at follow-up examination of at least 1 year (6 [18%] of 33 patients vs 12 [3%] of 409 patients; P = .002). Seven (58%) of 12 African American patients with multiple sclerosis had a “neuromyelitis optica” presentation defined by the presence of neurologic deficits limited to the optic nerves and spinal cord.

Conclusions: The African American study patients with a single episode of demyelinating optic neuritis had visual acuities more severely affected at onset and after 1 year of follow-up compared with the white study patients and with patients in the ONTT. In the African American patients, multiple sclerosis occurred most frequently in a “neuromyelitis optica” form. (1998;55:186-192)

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