A healthy 43-year-old officer of a merchant ship at sea developed pain, redness, and photophobia in his right eye. During the next 2 weeks, he noted the presence of a band of opacity spreading from his temporal limbus toward his central cornea. His episcleral vessels were engorged in a distribution contiguous with the peripheral, sectorial, fleck-like corneal opacities. The opacity had progressed during topical and systemic antibiotic therapy, but halted with use of topical corticosteroids. Systemic evaluation showed mild IgM monoclonal gammopathy. Transmission electron microscopy of a corneal biopsy specimen revealed electron-dense fibrils identified as immunoprotein. To our knowledge, this is the first report of a case of acute unilateral deposition of corneal immunoprotein in a patient with monoclonal gammopathy. Clinicians should begin with a broad differential diagnosis when evaluating patients with corneal opacity.

Immunoprotein deposition is a rare cause of corneal opacity. In general, the immunoprotein deposits occur bilaterally, with gradual onset. We report a case of immunoprotein deposition in the right cornea of a 43-year-old British sailor, 2 weeks following the onset of redness and pain in that eye. We believe that this is the first reported case of acute-onset unilateral corneal immunoprotein deposition in a patient with a monoclonal gammopathy.

REPORT OF A CASE

The 43-year-old first officer on a British merchant ship sailing in the North Atlantic noted pain and redness of his right eye in July 1993. He could not recall any recent eye injury. As the ship’s medical officer, he treated himself with topical chloramphenicol and tetracycline and oral erythromycin. His pain resolved, but the redness remained and he developed photophobia and blurry vision; after 2 weeks, part of his right iris appeared lighter in color.

On examination 3 weeks after the onset of symptoms, the patient’s visual acuity without correction was 20/25 OD and 20/20 OS. Slitlamp examination showed a 5.3-mm-wide band of multiple, punctate, fleck-like corneal opacities, mostly at the level of the posterior stroma, extending from the inferotemporal limbus toward the center of the right cornea. Also, a 2.2-mm-wide band of similar opacities was noted at the nasal limbus. The remainder of the ophthalmic and general medical examination results were within normal limits. Serologic testing and cultures of blood and urine and skin biopsy specimens were negative for bacteria, fungi, and parasites. The patient was given topical prednisolone every 2 hours and topical polymyxin 3 times a day. He experienced no improvement after 5 days and was referred for further evaluation.

At the Wilmer Eye Institute, Baltimore, Md, the patient’s visual acuity and ophthalmic examination results were essentially unchanged. An asymmetric distribution of episcleral hyperemia coincided with the inferotemporal and nasal bands of opacity (Figure 1). The left eye was unremarkable. Serum immunoelectrophoresis demonstrated a mild IgM monoclonal gammopathy. Four months later, while the patient was receiving topical prednisolone, the wide inferotemporal corneal band had not progressed and the periphery of the band was clearing. The
The deposits can be initial or early manifestations of these systemic illnesses. Deposits generally develop gradually and involve both eyes. Although some patients experience no reduction in visual acuity, many require treatment of the underlying disease with cytotoxic chemotherapy or corticosteroids to restore visual function, and penetrating keratoplasty may be required in severe cases. Based on initial evaluation, the patient in this case seemed to have monoclonal gammopathy of unknown significance.

Close examination of the distribution of engorged ocular surface vessels depicted in Figure 1, left, suggests a connection between the inflammatory process and the immunoprotein deposits. The inferotemporal and inferonasal quadrants show significant hyperemia, with dilated conjunctival and episcleral vessels, suggesting bisectional episcleritis. The bands of immunoprotein are widest in the locations where there is significant hyperemia. In this patient, dilated, permeable vessels may have allowed exudation of large IgM molecules. Although some researchers argue that the tear film is a transport medium for immunoproteins into the cornea, this case is most consistent with recent reports indicating the paralimbal vascular arcades as the principal route of influx.

The response of this patient to topical corticosteroid therapy also suggests an inflammatory leakage mechanism. Topical prednisolone apparently halted the central progression of the corneal deposit, and spared the patient significant loss of visual acuity. The rapid progression of this patient’s corneal deposition, although not documented by an ophthalmologist, is likely to be correct since the patient was the ship’s medical officer and provided written records of his course prior to evaluation. This case widens the spectrum of findings of corneal immunoprotein deposition, and reminds us to begin with a broad differential diagnosis when evaluating patients with corneal opacity.

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