Anterior Segment Optical Coherence Tomography as a Diagnostic Tool for Cyclodialysis Clefts

Anterior segment optical coherence tomography (OCT) is a noninvasive, painless, noncontact technique that provides accurate and reproducible images. This technique correlates well with ultrasound biomicroscopy, allows observation of iridocorneal angle abnormalities in the presence of opaque media, and is easier to perform than ultrasound biomicroscopy.

A cyclodialysis cleft results from separation of the longitudinal ciliary muscle fibers from the scleral spur and establishes a new drainage pathway for aqueous humor between the anterior chamber and the suprachoroidal space. This new drainage channel increases uveoscleral outflow and may result in chronic ocular hypotonia; it is sometimes complicated by decreased visual acuity, a shallow anterior chamber, ciliochoroidal effusion, optic disc edema, retinal folds, hypotonus maculopathy, and engorgement and stasis of retinal veins.1

Slitlamp examination using a gonioscope has been the most common method used to confirm the existence of clefts. However, it cannot be used in patients with hyphema, corneal opacity, and excessive hypotonia after trauma or surgery. In these patients, ultrasound biomicroscopy (UBM) has been a useful tool for visualizing the anterior eye segment.2-5 We demonstrate the use of OCT as a new technique that provides anterior segment imaging and allows identification of cyclodialysis clefts in correlation with clinical examination and UBM.

Report of a Case. A 38-year-old man was initially seen after having been hit in the left eye with a heavy bungee cord. He noted severe pain and blurred vision. Distance visual acuity was 20/20 OD and 20/80 OS. The right eye was unremarkable. Eyelid ecchymosis was seen in the left eye, and anterior segment examination revealed diffuse conjunctival hyperemia, Descemet folds, grade 1 hyphema (less than one-third of the anterior chamber), iritis, and an atomic pupil. The lens was clear, and there was no evidence of phacodonesis. Applanation intraocular pressure (IOP) was 14 mm Hg in each eye. Funduscopy revealed a healthy optic disc, macula, and peripheral retina in each eye.

The patient was treated with topical prednisolone acetate, 1%; scopolamine hydrobromide; and bed rest with elevation of the head of the bed 30° to 45°. He was examined daily. After a week, visual acuity was 20/120 OS. There was resolution of the hyphema, persistent mild iritis, a shallow anterior chamber, and atrophy of the inferior iris. His left eye IOP was 5 mm Hg. Ophthalmoscopies revealed optic disc edema, radiating retina folds around the macula, and mild vascular tortuosity. Gonioscopy revealed a cyclodialysis cleft at the 7- to 8-o’clock position (Figure 1). A diagnosis of hypotonus maculopathy secondary to a posttraumatic cyclodialysis cleft was made.

Both UBM (Figure 2) and anterior segment OCT (Figure 3) demonstrated the cyclodialysis cleft at the 7- to 8-o’clock position. Anterior segment OCT also provided high-resolution images that identified the disinsertion of the ciliary body from the scleral spur and an associated ciliary body detachment, confirming the diagnosis (Figure 3).

Since the iritis was almost completely resolved and there is some literature that suggests that corticosteroid therapy should be limited in patients with cyclodialysis because of the possibility of a secondary increased IOP and inhibition of scar formation, administration of prednisolone acetate was stopped and only scopolamine hydrobromide therapy was continued. Six months later, distance visual acuity was 20/20 OS and near visual acuity was 20/20 with a correction of +3 diopters.
in that eye. This result suggested that the patient had lost his accommodation, probably because of the ciliary body detachment. The IOP in the left eye was 10 mm Hg, and macular folds were less marked. Repeated UBM and anterior segment OCT showed persistence of the cyclodialysis cleft and an even larger ciliary body detachment.

The patient’s vision status was excellent compared with that of other patients with cyclodialysis clefts described in the literature. Because visual acuity was good and IOP was normal, continued follow-up was agreed on. However, the patient was informed of the risk of continued enlargement of the cyclodialysis cleft; if this were to happen, different treatment options would be proposed, such as suturing the ciliary body to the sclera, vitrectomy with pars plana cryopexy for the detached ciliary body, and gas tamponade or argon laser photoacoagulation.

Comment. Cyclodialysis clefts occur most commonly after trauma and sometimes after surgery. Intentional surgical cyclodialysis has been used for the treatment of glaucoma. Gonioscopy has been the classic method for visualizing a cyclodialysis cleft; however, cyclodialysis clefts could be missed in traumatized eyes with hazy media, distorted anatomy, or hypotonia. In these cases, UBM has been useful.

We presented diagnostic images of a cyclodialysis cleft using a new technique, anterior segment OCT. This technique provided high-resolution images of the cyclodialysis cleft, showing its exact location and the extent of the disinsertion of the ciliary body from the scleral spur and an associated ciliary body detachment. These images served to confirm the clinical diagnosis.

Anterior segment OCT is a noninvasive tool that provides accurate and reproducible images of the anterior segment. This technique has good correlation with UBM and allows observation of iridocorneal angle anatomy, and abnormal anterior segment anatomy. In addition, anterior segment OCT has some advantages compared with UBM: it does not require any contact with the patient’s eye, it does not require the use of topical gel, it is more comfortable for the patient, it is easier to perform, and it does not risk traumatizing or contaminating the cornea.

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**ω-3 Long-Chain Polyunsaturated Fatty Acid Intake Inversely Associated With 12-Year Progression to Advanced Age-Related Macular Degeneration**

Age-related macular degeneration (AMD) is a leading cause of vision loss. Age-Related Eye Disease Study (AREDS) participants reporting the highest intake of ω-3 long-chain polyunsaturated fatty acids (LCPUFAs) were approximately half as likely as their peers reporting the lowest intake of these nutrients to have neovascular (NV) AMD at baseline or to progress across a 6-year period from bilateral drusen to central geographic atrophy (CGA). The Age-Related Eye Disease Study provides data that represent, to our knowledge, the largest longitudinal sample collected and classified with standardized methods as part of a natural history study on AMD. We now report that our baseline and 6-year findings persisted in 12-year AMD incidence models. These results are consistent with existing data.

Methods. The Age-Related Eye Disease Study was a National Institutes of Health–sponsored and administered multicenter study designed to assess the clinical course, prognosis, and risk factors of AMD (http://www.nei.nih.gov/amd/). We examined the relationship of dietary intake of ω-3 LCPUFAs with progression to advanced AMD in 1837 AREDS participants who had a moderate risk for developing sight-threatening AMD (1211 participants in category 3a and 626 participants in category 4a). Participants in category 3a had bilateral visual acuity of 20/32 or better and bilateral large (>125-μm) drusen, extensive intermediate drusen, and/or geographic atrophy that did not involve the center of the macula in at least 1 eye. Category 4a participants had visual acuity of 20/32 or bet-